**Date:** September 15th, 2023

**TUMB Rehearsal Plans**

**Location: Lot 5**

* Battery -
* TUFE -
* Winds -
* Guard - Bus Stop

**Set Up:**

* Full Field Set Up (Yard Markers, etc)

**Need for Rehearsal:**

* Winds: Instruments, Water, UDB
* Guard: Equipment Bag, New Golden Flag (Provided)

**Goals:**

* Learn pages to Rock Lobster
* Ensemble Golden Hour & Parts of Rock Lobster

*\*\*\*\*\*\*All times are a starting point and may be adjusted as the flow of rehearsal dictates.*

| **Time** | **Winds** | **Percussion** | **Guard** | **Meetings/Logistics** |
| --- | --- | --- | --- | --- |
| **3:00 PM** | Trucks Pulled Out | | | |
| **3:30 PM** | Meet with “M” at the side podium | | | |
| **3:35 PM** | 3:35: 2 Basics Blocks  Advanced + Expert: **Ben** (Emily)  Intermediate + Novice: **Megan** (Bryce)  Stretch 10  Basics 20 | **TUFE**: Setup in Safari Zone  - Warmup/Setup (25)  - Review Golden Hour Big Chunks (20)  - Review/Clean Lobster Top - L (40)  (5:00PMish - Move to Field)  **Battery**: Full Battery on Lot 4  - Stretch (10)  - Rollplay Tag (10)  - Lobster Top - L (10)  (4:00PM - Move to Field) | Stretch & Flag Pole Creation  Rock Lobster Flag Workshop  OR  Rifle Technique Block |  |
| **4:05 PM** | Rock Lobster Drill | | | |
| **(5:05 PM)** | Warmup  Brass: Wind Warmups (Coords)  WWs: Wind Warmups (Coords) | Battery - X/Rolls/Lobster | Golden Hour Review |  |
| **5:20 PM** | Ensemble  Golden Hour through what we know of Rock Lobster | | | |
| **6:20 PM** | Move to Dismiss | | | |
| **6:25 PM** | Announcements/Dismiss | | | |
| **6:30 PM** | Leaving Rehearsal | | | |

**Other Information:**

**COLOR GUARD PIZZA REHEARSAL**

| **Time** | **Guard** | | | **Meetings/Logistics** |
| --- | --- | --- | --- | --- |
| **6:30 PM** | FOOD & MERRIMENT | | | |
| **7:00 PM** | Mini Stretch or Light Zumba | | | |
| **7:05 PM** | Scene 1: THUNDER Full Run | | | |
| **7:07 PM** | Dancers Choreography Fill In  (Jessica) | | Flags:Spit & Shine Cleaning  (Jalen/Kate/SMAC) |  |
| **7:25 PM** | Scene 1: THUNDER 2nd Full Run | | | |
| **7:30 PM** | **BREAK** | | | |
| **7:40 PM** | Scene 2/Part 1: UMBRELLA RUN | | | |
| **7:42 PM** | Rifle Block  Cleaning & Consistency  (Jalen/SMAC/) | | Flags: Spit & Shine Cleaning/ Additions  (Jessica/Emilie S/Kate) |  |
| **7:50 PM** | Ensemble UMBRELLA/SITR (until the finale)  Add Jessica’s Finale | | | |
| **8:00 PM** | BREAK | | | |
| **8:10 PM** | 10 Flag Entrance (On Field)  (Jessica/Emilie S/Kate) | | Flags: Golden Hour Ensemble  (Jalen) |  |
| **8:35 PM** | Golden Hour Ensemble | | | |
| **8:40 PM** | BREAK | | | |
| **8:45 PM** | Standstill & FULL RUN (until Rock Lobster) | | | |
| **8:55 PM** | Dismiss | | | |